



YOUR MENU Week ONE

Lamb Lasagne	Oven Baked Sausages & Quorn Sausages with Gravy	Roast Chicken with Gravy	Tandoori Turkey Chunks	Cheese & Tomato Pizza
Fish Fingers	Vegetable Pasty	Quorn Roast	Herb Crusted Fish	Tempura Battered Fish
Diced Potatoes	Baked Potato Wedges	Cauliflower Cheese	Jacket Potato Filled with Baked Beans	Chips
Garlic Bread	Creamed Potatoes	Roast Potatoes	Wholegrain Rice	Creamed Potato
Sweetcorn Sliced Green Beans	Carrots Peas	Creamed Potatoes	½ Jacket Potato	Baked Beans Coleslaw
Chocolate Cracknell with Custard	Fruit Muffin	Broccoli Carrots	Peas Cauliflower	Ice Cream
Yoghurt	Yoghurt	Flapjack with Custard	Chocolate Pinwheel Biscuits	Yoghurt
Fresh Fruit Selection	Fresh Fruit Selection	Fruit Jelly Yoghurt	Yoghurt	Fresh Fruit Selection
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

For any allergen/dietary requirements please speak to the Catering Supervisor
Bread & Salad Bar Available daily ,

MADE FRESH

Holy Souls Catholic School



YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Onion Flan	Shepherds Pie with Gravy	Roast Lamb with Gravy	Caribbean Chicken	Cheese & Tomato Pizza
Fish Fingers	Quorn Shepherds Pie	Quorn Roast	Cheese & Onion Pasty	Jacket Potato Filled with Baked Beans
	Tempura Battered Fish	Vegetable Bake		
½ Jacket Potato	Wholegrain Rice	Roast Potatoes	Baked Potato Dice	Chips
Creamed Potatoes	Creamed Potato	New Potatoes	Pasta Twists	Creamed Potato
Sliced Green Beans	Cauliflower	Broccoli	Sweetcorn	Baked Beans
Carrot & Swede Batons	Peas	Carrots	Green Beans	Coleslaw
Chocolate Crunch with Custard	Lyndon Biscuit	Fruit Flapjack with Custard	Apple Crumble with Custard	Ice Cream
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection

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YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Jambalaya	Fish Fingers	Roast Pork with Gravy	Oven Baked Sausages & Quorn Sausages with Gravy	Cheese & Tomato Pizza
Tempura Battered Fish Fillet	Cauliflower Cheese	Salmon Bake	Macaroni Cheese	Jacket Potato Filled with Baked Beans
Baked Diced Potatoes	Pasta Twists	Roast Potatoes	Creamed Potatoes	Chips
Wholegrain Rice	Oven Baked Wedges	Creamed Potatoes	New Potatoes	Creamed Potato
Cauliflower	Carrots	Carrots	Broccoli	Baked Beans
Sweetcorn	Peas	Sliced Green Beans	Sweetcorn	Coleslaw
Golden Cracknell with Custard	Chocolate Crunch with Custard	Lancashire Cookies	Pineapple Upside Down Pudding with Custard	Fruit Muffin
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

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YOUR MENU Week FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers	Chicken Curry	Roast Lamb with Gravy	Caribbean Chicken	Cheese & Tomato Pizza
Cheese & Onion Flan	Quorn Curry	Quorn Roast	Cheese & Onion Pasty	Tempura Battered Fish
½ Jacket Potatoes	Omelette	Vegetable Bake	Jacket Potato Filled with Baked Beans	Jacket Potato Filled with Baked Beans
Creamed Potatoes	Baked Potato Wedges	Roast Potatoes	Pasta Twists	Chips
Carrot & Swede Batons	Wholegrain Rice	New Potatoes	Baked Diced Potatoes	Creamed Potatoes
Sliced Green Beans	Peas	Broccoli	Sweetcorn	Baked Beans
Chocolate Cracknel with Custard	Sweetcorn	Carrots	Carrots	Coleslaw
Yoghurt	Melting Moment Biscuit	Fruit Flapjack with Custard	Fruit Sponge with Custard	Ice Cream
Fresh Fruit Selection	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

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Bread & Salad Bar available daily

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